

# Q & A EXPERT ADVICE WE HAVE THE ANSWERS



## Does My Trust Need Updating?

A living Trust is an invaluable legal document through which your assets are placed in a trust during your lifetime and then transferred to your beneficiaries upon death. Because trusts are so subject to changes in tax laws--and changes in your family and financial situation--you should have an expert estate planning attorney review your trust at least every three years. For example: if your trust was created before 2013, you likely have an AB Trust. These were a good idea at the time, but changes in tax laws could lead to significant capital gains taxes and professional fees upon your death. Now is the perfect time to get your B trust dissolved, update your overall trust, and share important life changes with your attorney.

[www.cunninghamlegal.com](http://www.cunninghamlegal.com)

200 Auburn Folsom Rd. | Ste. 106 | Auburn  
530-269-1515



Ed Goodson  
Attorney

**C|L CUNNINGHAM LEGAL**  
ESTATE PLANNING | TRUST | PROBATE LAW



## One of my personal goals is to become a hospice volunteer. Does Sutter Auburn Faith Hospice have a training program to become a Hospice Volunteer?

Yes, **Sutter Auburn Faith Hospice** has a wonderful program that is a hybrid of both in class and online training that you can complete at your own pace. It offers a wonderful way to learn more about being a Hospice Volunteer. Volunteers are an integral and vitally important part of **Sutter Auburn Faith's Hospice** program. We are able to utilize volunteers in our office, patients' residences, outreach, and other areas. Whatever your gifts, we have a place for you. Volunteers who go to homes must complete 24 hours of training through the hybrid program described above. Please call

**Sutter Auburn Faith Hospice office at 530-886-6650**

for more information.



Patricia Mandrup, RN, MSN, PHN  
Clinical Manager: VNA, Hospice, Lifeline



**Sutter Health**  
Sutter Auburn  
Faith Hospital

**530-886-6650**



## My father has just been diagnosed with dementia. Should he stop driving?

Once someone has been diagnosed with dementia, it is critically important to be on the lookout for changes in their driving skills. Family members are in the best position to monitor changes in driving skills such as attention span, distance perception or ability to quickly process information. The warning signs below can help you be more attentive to any decline in abilities.

- Consider the frequency and severity of incidents, a cluster of minor incidents or a major incident may warrant action.
  - Look for patterns of change over time. Isolated or minor incidents do not warrant immediate or drastic action.
  - Avoid an alarming reaction, take notes and have conversations at a later, convenient time rather than during or immediately after an incident.
- Although Personal observation cannot always be obtained I also recommend the following:
- Driving shorter distances
  - Driving on familiar roads
  - Avoiding difficult, unprotected left turns
  - Avoiding driving at night, in heavy traffic, or during bad weather.

**OakwoodVillage**  
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Assisted Living & Memory Care

3388 Bell Rd., Auburn, CA 95603  
[www.oakwoodseniorliving.com](http://www.oakwoodseniorliving.com)

530/889-8122



Lic.# 317000237



## What is a 'Walk Through'?

Officially know as "Verification of Property Condition", it is a final look by the buyer to ascertain that the property is in the same condition (or better if repairs were made) as when the offer was made. It is not considered a contingency but in certain circumstances, the closing may be delayed if there are issues to be addressed.



PROVIDING INFORMATION...

SHARING SOLUTIONS...

EXPANDING POSSIBILITIES.

**Another Piece of the Puzzle**

Colleen Conley, CRS, GRI

(530) 263-0331 • (530) 887-3407

[cconley@golygon.com](mailto:cconley@golygon.com)

[www.colleenconley.com](http://www.colleenconley.com)



## What are Senior Placement Services?

It can be an emotional journey when a loved one can no longer live alone. Many families don't know where to start or who to trust! Realizing how overwhelming it can be, a Senior Care Consultant will support you by customizing the care options available. Taking into consideration the individuals care level, budget, lifestyle & location preference, the choices can be narrowed down to just a few most compatible options. A Placement Agency knows what options are available to fit your needs, as well as the reputations of the referrals you will receive. They will accompany you to tour & evaluate the possible choices. These services are free to families & take just one phone call instead of many.

**Sierra Senior Placement Services**

Stephanie Watson, Senior Care  
Consultant • 530-613-9611

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